



Frank Paul Cain Jr.

November 12, 1957 - January 3, 2026

CAIN, Frank Paul, Jr., 68, resident of Millbrook, AL, went home to be with the Lord on Saturday, January 3, 2026. Graveside services will be held on Saturday, January 10, 2026 from Prattville Memory Gardens at 11:00 am with Pastor Scott Leach and Pastor Paul Bonner officiating and Prattville Memorial directing. The family will receive friends at Prattville Memorial on Saturday one-hour prior to the service. Frank love on this earth other than GOD and his family was golf; he loved playing beside his father. He also loved the Louisville Cardinals and Baltimore Ravens. He retired from International Paper after 25 years, he had lots of great memories and friends. Mr. Cain was preceded in death by his beloved daughter, Courtney Renee Cain; parents, Frank Paul, Sr. and Sarah Margaret Cain; and brother, David Yewell Cain. He is survived by his loving wife, Sherry Cain; two stepdaughters, Paige Pritchett and Amber Headley (William); three grandchildren, Emma Sankey, Harper Mae Headley and Wyatt Headley; sister, Sarah F. Wood (Gary); nephew, Dr. Garrett K.M. Wood; niece, Dr. Sarah L. Wood (C.J. Ford); two great-nephews, Landen Wood and Lucas Wood; lifelong friend, Jim Strong; extended family and friends. Pallbearers will be Jim Strong, William Headley, Duane Smith, Tim Sanford, Bruce Williams and Daryl Sager.

Cemetery Details

Prattville Memory Gardens

841 Fairview Avenue
Prattville, AL

Previous Events

Visitation

JAN 10. 10:00 AM - 11:00 AM (CT)

Prattville Memorial Chapel
841 Fairview Avenue
Prattville, AL 36066
(334) 365-7147
prattvillememorial@live.com

GRAVESIDE

JAN 10. 11:00 AM (CT)

Prattville Memory Gardens
841 Fairview Avenue
Prattville, AL

Tribute Wall

MF

“ *Morgan Yewell and family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Frank Paul Cain Jr..*

Morgan Yewell and family - January 08 at 08:32 PM

MF

“ *Morgan Yewell and family purchased the Divine Peace Bouquet for the family of Frank Paul Cain Jr..*



Morgan Yewell and family - January 08 at 08:32 PM

TL

“ *Twila Lockamy lit a candle in memory of Frank Paul Cain Jr.*



Twila Lockamy - January 07 at 12:11 PM

JC

“ *I am so very sorry to hear about Frank. I have many memories of him growing and in school. Sending prayers to the entire family.*

Julie Israel Crowe - January 05 at 06:56 PM